



ST. BERNADETTE'S

CATHOLIC PRIMARY VOLUNTARY ACADEMY

A MEMBER OF OUR LADY OF LOURDES CATHOLIC MULTI-ACADEMY TRUST

29th September 2023

Dear Parents/Carers,

YEAR 4 – Swimming

Your child will be attending swimming lessons this school year. The aim is for your child to become confident in water, to develop their competence in using different swimming strokes, and to be able to swim 25 metres competently. Most importantly, we know that it will help your child in the future if they can have fun, exercise, and be safe in the water. It is extremely beneficial for your child's confidence in developing their swimming ability if you are able to take them swimming prior to their school lessons commencing.

The swimming lessons will take place at the Ancholme Leisure Centre in Brigg on the following dates: Monday 30th and Tuesday 31st October, and Thursday 2nd and Friday 3rd November in Week 1, along with Monday 6th, Tuesday 7th, Thursday 9th, and Friday 10th November in Week 2. The children will be going swimming on each day between 9.30-10.30 a.m.

Your child will need their swimming attire and a towel (goggles are optional) in a bag please. We ask that the girls have a full swimming costume rather than a two piece. Please can long hair also be tied back. Bus transportation will be provided to the leisure centre and back to school.

We will be leaving school at **9.00 a.m. prompt**, so please make sure that your child is here at the academy on time.

Please see your child's teacher if you have any questions.

Yours sincerely,

Mrs. N. Lynch
P.E. Subject Leader

Striving for excellence in all that we do, reflecting the Light of Christ to the world

Please return this slip to the school, keeping the main letter for your reference.

Year 4 Swimming

Name..... Class.....

Please tick the appropriate box below to indicate your child's swimming ability and return this to school by Monday 2nd October 2023:

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- Non-swimmer

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- Can swim 5 metres

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- Can swim 5-10 metres

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- Can swim 10-25 metres

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- Can swim more than 25 metres

Please also provide below any details that we need to be aware of that might affect your child during their swimming lessons, for example: medical conditions such as asthma.