



ST. BERNADETTE'S  
CATHOLIC PRIMARY VOLUNTARY ACADEMY

*Safeguarding Curriculum*

# EYFS Safeguarding Lessons

Keeping Safe	EYFS.2.3.1	Safe Inside and Out	About safe and unsafe situations indoors and outdoors, including online. That they can ask for help from their special people.
	EYFS.2.3.2	My Body, My Rules	To know they are entitled to bodily privacy That they can and should be open with 'special people' they trust if anything troubles them That there are different people we can trust for help, especially those closest to us who care for us,
	EYFS.2.3.3	Feeling Poorly	Medicines should only be taken when a parent or doctor gives them to us. Medicines are not sweets. We should always try to look after our bodies because God created them and gifted them to us.
	EYFS.2.3.4	People Who Help Us	There are lots of jobs designed to help us. Paramedics help us in a medical emergency. First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance

*Online safety- Internet Safety Day*

# KS1 Safeguarding Lessons

Keeping Safe	KS1.2.3.1	Being Safe	To understand safe and unsafe situations, including online.
	KS1.2.3.2	Good Secrets and Bad Secrets	The difference between 'good' and 'bad' secrets and that they can and should be open with 'special people' they trust if a How to resist pressure when feeling unsafe.
	KS1.2.3.3	Physical Contact	To know that they are entitled to bodily privacy; That there are different people we can trust for help, especially those closest to us who care for us, including our parents
	KS1.2.3.4	Harmful Substances	Medicines are drugs, but not all drugs are good for us. Alcohol and tobacco are harmful substances. Our bodies are created by God, so we should take care of them and be careful about what we consume.
	KS1.2.3.5	Can You Help Me?	They should call 999 in an emergency and ask for ambulance, police and/or fire brigade If they require medical help but it is not an emergency, basic first aid should be used instead of calling 999. Some basic principles of First Aid

Additional lessons taught- Sun safety and Water safety taught in Great Britain topic.

NSPCC- Speak out Stay Safe assembly

*Online safety- Internet Safety Day*

*Cycle A- Advent- Online safety (4 lessons)*

*Cycle A- Lent- esafety (2 lessons)*

*Cycle B- Advent- Online safety (4 lessons)*

*Cycle B- Lent- esafety (3 lessons)*

# LKS2 Safeguarding Lessons

Keeping Safe	LKS2.2.3.1	Sharing Online	To recognise that their increasing independence brings increased responsibility to keep themselves and others safe; How to use technology safely; That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us How to report and get help if they encounter inappropriate materials or messages.
	LKS2.2.3.2	Chatting Online	How to use technology safely; That bad language and bad behaviour are inappropriate; That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us How to report and get help if they encounter inappropriate materials or messages.
	LKS2.2.3.3	Safe in My Body	To judge well what kind of physical contact is acceptable or unacceptable and how to respond; That there are different people we can trust for help, especially those closest to us who care for us, including our teachers
	LKS2.2.3.4	Drugs, Alcohol & Tobacco	Medicines are drugs, but not all drugs are good for us. Alcohol and tobacco are harmful substances. Our bodies are created by God, so we should take care of them and be careful about what we consume.
	LKS2.2.3.5	First Aid Heroes	In an emergency, it is important to remain calm. Quick reactions in an emergency can save a life. Children can help in an emergency using their First Aid knowledge.

Additional lessons taught- Pedestrian Skills taught in LKS2  
NSPCC- Speak out Stay Safe assembly

*Online safety- Internet Safety Day*

*Cycle A- Advent- Be Internet Legends (3 lessons)*

*Cycle A- Lent- Digital Wellbeing (2 lessons)*

*Cycle B- Advent- Project evolve (4 lessons)*

*Cycle B- Lent- esafety (2 lessons)*

# UKS2 Safeguarding Lessons

Keeping Safe	UKS2.2.3.1	Sharing Isn't Always Caring	To recognise that their increasing independence brings increased responsibility to keep themselves and others safe. How to use technology safely. That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad. How to report and get help if they encounter inappropriate materials or messages.
	UKS2.2.3.2	Cyberbullying	What the term cyberbullying means and examples of it; What cyberbullying feels like for the victim; How to get help if they experience cyberbullying.
	UKS2.2.3.3	Types of Abuse	To judge well what kind of physical contact is acceptable or unacceptable and how to respond. That there are different people we can trust for help, especially those closest to us who care for us, including family and friends.
	UKS2.2.3.4	Impacted Lifestyles	Understand the effect that a range of substances including drugs, tobacco and alcohol can have on the body. Learn how to make good choices about substances that will have a positive impact on their health. Know that our bodies are created by God, so we should take care of them and be careful about what we put in them.
	UKS2.2.3.5	Making Good Choices	Recognise how they may come under pressure when it comes to drugs, alcohol and tobacco Learn that they are entitled to say "no" for all sorts of reasons, but not least in order to protect their God-given bodies.
	UKS2.2.3.6	Giving Assistance	The recovery position can be used when a person is unconscious but breathing. DR ABC is a primary survey to find out how to treat life-threatening conditions in order of importance.

Additional lessons taught- Cycling Proficiency taught in UKS2  
NSPCC- Speak out Stay Safe assembly

*Online safety- Internet Safety Day*

*Cycle A- Advent- Be Internet Legends (4 lessons)*

*Cycle A- Lent- Be Internet Legends Digital wellbeing (2 lessons)*

*Cycle B- Advent- Online safety-Purple Mash (4 lessons)*

*Cycle B- Lent- Project evolve (2 lessons)*