

## St. Bernadette's Catholic Primary Voluntary Academy - Long Term Plan Cycle B

Subject - PE	Class/Year	Autumn (Advent) 1	Autumn (Advent) 2	Spring (Lent) 1	Spring (Lent) 2	Summer (Pentecost) 1	Summer (Pentecost) 2
EYFS	Class 1	Introduction to PE 1	Fundamentals 1	Games 1	Gymnastics 1	Ball Skills 1	Dance 1
	Class 2	Introduction to PE 2	Fundamentals 2	Games 2	Gymnastics 2	Ball Skills 2	Dance 2
	Class 3	Introduction to PE 2	Fundamentals 2	Games 2	Gymnastics 2	Ball Skills 2	Dance 2
KS1	Class 4 (Year 1)	Dance Teambuilding	Fundamentals Sending and Receiving	Gymnastics Fitness	Yoga Net and Wall	Invasion Target Games	Athletics Striking and Fielding
	Class 5 (Year 1/2)	Dance Teambuilding	Fundamentals Sending and Receiving	Gymnastics Fitness	Yoga Net and Wall	Invasion Target Games	Athletics Striking and Fielding
	Class 6 (Year 2)	Dance Teambuilding	Fundamentals Sending and Receiving	Gymnastics Fitness	Yoga Net and Wall	Invasion Target Games	Athletics Striking and Fielding
LKS2	Class 7 (Year 3)	Dance Netball	Gymnastics OAA	Ball Skills Y3/4 Handball	Dodgeball Basketball	Yoga Tennis	Athletics Rounders
	Class 8 (Year 3/4)	Dance Netball	Gymnastics OAA	Ball Skills Y3/4 Handball	Dodgeball Basketball	Yoga Tennis	Athletics Rounders
	Class 9 (Year 4)	Dance Netball	Gymnastics OAA	Ball Skills Y3/4 Handball	Dodgeball Basketball	Yoga Tennis	Athletics Rounders
UKS2	Class 10 (Year 5)	Dance Netball	Gymnastics OAA	Badminton Y5/6 Handball	Volleyball Y5/6 Handball	Yoga Tennis	Athletics Rounders
	Class 11 (Year 5/6)	Dance Netball	Gymnastics OAA	Badminton Y5/6 Handball	Volleyball Y5/6 Handball	Yoga Tennis	Athletics Rounders
	Class 12 (Year 6)	Dance Netball	Gymnastics OAA	Badminton Y5/6 Handball	Volleyball Y5/6 Handball	Yoga Tennis	Athletics Rounders

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Subject - PE	Class/Year	Autumn (Advent) 1	Autumn (Advent) 2	Spring (Lent) 1	Spring (Lent) 2	Summer (Pentecost) 1	Summer (Pentecost) 2
EYFS	Class 1	Introduction to PE 1	Fundamentals 1	Games 1	Gymnastics 1	Ball Skills 1	Dance 1
	Class 2	Introduction to PE 2	Fundamentals 2	Games 2	Gymnastics 2	Ball Skills 2	Dance 2
	Class 3	Introduction to PE 2	Fundamentals 2	Games 2	Gymnastics 2	Ball Skills 2	Dance 2
KS1	Class 4 (Year 1)	Dance Teambuilding	Fundamentals Sending and Receiving	Gymnastics Fitness	Yoga Net and Wall	Invasion Target Games	Athletics Striking and Fielding
	Class 5 (Year 1/2)	Dance Teambuilding	Fundamentals Sending and Receiving	Gymnastics Fitness	Yoga Net and Wall	Invasion Target Games	Athletics Striking and Fielding
	Class 6 (Year 2)	Dance Teambuilding	Fundamentals Sending and Receiving	Gymnastics Fitness	Yoga Net and Wall	Invasion Target Games	Athletics Striking and Fielding
LKS2	Class 7 (Year 3)	Dance Football	Fitness Hockey	Gymnastics Tag Rugby	Fundamentals Y3/4 OAA	Tennis Golf	Athletics Cricket
	Class 8 (Year 3/4)	Dance Football	Fitness Hockey	Gymnastics Tag Rugby	Fundamentals Y3/4 OAA	Tennis Golf	Athletics Cricket
	Class 9 (Year 4)	Dance Football	Fitness Hockey	Gymnastics Tag Rugby	Fundamentals Y3/4 OAA	Tennis Golf	Athletics Cricket
UKS2	Class 10 (Year 5)	Dance Football	Fitness Hockey	Gymnastics Tag Rugby	Dodgeball OAA	Tennis Golf	Athletics Cricket
	Class 11 (Year 5/6)	Dance Football	Fitness Hockey	Gymnastics Tag Rugby	Dodgeball OAA	Tennis Golf	Athletics Cricket
	Class 12 (Year 6)	Dance Football	Fitness Hockey	Gymnastics Tag Rugby	Dodgeball OAA	Tennis Golf	Athletics Cricket