



Early Years Relationships Education, Relationships and Sex Education and Health Education (Appendix 2a)

Early Years Foundation Stage: EY1 and EY2 (1 Cycle to be covered each year)			
Life to the Full Unit	Teaching Structure	Objectives	Expected Coverage - Statutory (DFE)
Module 1 Unit 2 Session 1: I Am Me 1 x15 mins	Whole Class	Pupils will learn that: <ul style="list-style-type: none"> • We are each unique, with individual gifts, talents and skills. • Whilst we all have similarities because we are made in God’s image, difference is part of God’s plan! 	Pupils will know: [RE12]
Module 1 Unit 2 Session 2: Heads, Shoulders, Knees and Toes 1 x15 mins	Whole Class	Pupils will learn that: <ul style="list-style-type: none"> • That their bodies are good and made by God • The names of the parts of the body (not genitalia) 	Pupils will know: [HE18]
Module 1 Unit 2 Session 3: Ready Teddy? 1 x15 mins	Whole Class	Pupils will learn: <ul style="list-style-type: none"> • That our bodies are good and we need to look after them • What constitutes a healthy lifestyle, including exercise, diet, sleep and personal hygiene 	Pupils will know: [HE5], [HE18], [HE19], [HE22], [HE24], [HE27], [HE28], [HE29], [HE30]
EY2 Only			

Module 1 Unit 2 Assessment Task: I am Special			
Module 2 Unit 2 Session 1: Who's Who? 1 x15 mins	Whole Class	Pupils will learn: <ul style="list-style-type: none"> • To identify special people (e.g. parents, carers, friends) and what makes them special • The importance of the nuclear family and of the wider family • The importance of being close to and trusting of 'special people' and telling them if something is troubling them 	Pupils will know: [RE1], [RE2], [RE3], [RE4], [RE6], [RE32]
EY2 Only Module 2 Unit 2 Assessment Task: Friends and Family			
Module 2 Unit 3 Session 1: Safe Inside and Out 1 x15 mins	Whole Class	Pupils will learn: <ul style="list-style-type: none"> • About safe and unsafe situations indoors and outdoors, including online. • That they can ask for help from their special people. 	Pupils will know: [RE22], [HE11], [HE12], [HE17], [HE27]
Module 2 Unit 3 Session 2: My Body, My Rules 1 x15 mins	Whole Class	Pupils will learn: <ul style="list-style-type: none"> • To know they are entitled to bodily privacy • That they can and should be open with 'special people' they trust if anything troubles them • That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and our parish priest 	Pupils will know: [RE7], [RE8], [RE10], [RE16], [RE26], [RE27], [RE28], [RE29], [RE30], [HE2], [HE6], [HE9]
Module 2 Unit 3 Session 3: Feeling Poorly	Whole Class	Pupils will know that: <ul style="list-style-type: none"> • Medicines should only be taken when a parent or doctor gives them to us. 	Pupils will know: [HE26]

1 x15 mins		<ul style="list-style-type: none"> • Medicines are not sweets. • We should always try to look after our bodies because God created them and gifted them to us. 	
Module 2 Unit 3 Session 4: People Who Help Us 1 x20 mins	Whole Class	Pupils will know that: <ul style="list-style-type: none"> • There are lots of jobs designed to help us. • Paramedics help us in a medical emergency. • First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance 	Pupils will know: [HE32]
EY2 Only Module 2 Unit 3 Assessment Task: My Body			
Module 3 Unit 1 Session 1: God is Love 1 x15 mins	Whole Class	Pupils will learn: <ul style="list-style-type: none"> • That God is love: Father, Son and Holy Spirit • That being made in His image means being called to be loved and to love others 	Pupils will know: [RE12]
EY2 Only Module 3 Unit 1 Assessment Task: All Together			